

Organic ground cardamom with husk 300g

Betegnelse: Ground cardamom with husk

Beskrivelse: For this highly aromatic powder, whole cardamom capsules are finely ground. The brown-grey powder has a spicy-aromatic taste reminiscent of eucalyptus. Cardamom is often used during the Christmas season for cookies, waffles, and desserts. It also pairs well with savoury curry dishes or bread. Swedes love it all year round and use this fragrant spice in many sweet baked goods. The most famous are probably the renowned cinnamon rolls. If you prefer to grind or mortar your cardamom yourself, you can find [cardamom seeds without husk](#) here.

Forberedelse: Ground organic cardamom is ideal for curry dishes or breads and is of course a popular spice for biscuits, waffles and desserts, and not just at Christmas time.

Ingridients: cardamom capsule milled*

* from controlled organic cultivation

Bemærk: Af juridiske årsager udsteder vi kun ingredienslisten på engelsk. Venligst henvend dig til en engelsktalende betroet person eller brug en oversættelsesfunktion, hvis indholdet er uklart. Bode Naturkost påtager sig ikke ansvar for indholdsmangler eller andre fejl forårsaget af uafhængig oversættelse.

Råkost: Nej
Fairtrade: Nej
Glutenfri: Nej
Veganer: Ja
Superfood: Nej
Naturligt glutenfri: Nej
Plastfri: Nej
Økologisk: Ja
Værdipakke: Ja

Øko-kontrolpunkt: DE-ÖKO-003

[Produkt](#)

Nutritional values

Unprepared per 100 g

Calorific value kj	1485 kj
Calorific value kcal	355 kcal
Fat	6.7 g
Of which saturated fatty acids	0.4 g
Carbohydrates	57.2 g
Of which sugar	54.3 g
Fibers	11.3 g
Protein	10.8 g
Salt	0.05 g

Allergens

Gluten-containing cereal	No
Chicken egg	No
Peanuts	No
Example Company	

Milk	No
Celery	No
Sesame seeds	No
Lupines	No
Crustaceans	No
Fish	No
Soy	No
Nuts	No
Mustard	No
Sulfur dioxide and sulphite	No
Molluscs	No
Cashews	No
Spelt	No
Barley	No
Oat	No
Hybrid Strains	No
Kamut	No
Macadamia	No
Almonds	No
Brazil Nuts	No
Pecans	No
Pistachios	No
Rye	No
Hazelnuts	No
Sesame	No
Walnuts	No
Wheat	No